



## Kosher Menu for Delivery in Sydney by Soul Gourmet Kitchen (KA Certified)

### Fish Selection

Cape Malay mild fish curry & rice	\$50
Not too hot fish Pyalla & rice	\$50
Fried fish fillets hoke	\$7 each
Grilled fish fillets hoke	\$7 each
Whole fillets of Salmon	Email us
Baked or Smoked plain or gourmet	\$50 p kg
Fish balls, gefilter or cocktails	\$2.00 each

### Pasta Dishes

Penne Napolitano (tomato)	\$25 (VE)
Penne alfredo (cream)	\$25 (Cream) Vegetarian
Spinach & feta lasagne	\$28 Vegetarian
Vegetable lasagne	\$25 Vegan
Tuna lasagne	\$30
Vegan spaghetti bolognaise	\$25 Vegan
Mac & cheese	\$25 Vegetarian

### Soups \$10 per 1L

Roast Pumpkin and coconut cream	\$12 VE and GF
Minestrone	\$12 VE and GF
Parsnip and Potato	\$12 VE and GF
Chicken and Vegetable	\$12 GF
Thick Vegetable Soup	\$12 VE and GF

## Chicken Dishes

Roast Chicken	\$26 GF
Crumbed chicken	\$32
BBQ chicken casserole	\$32
Honey hinger & lime chicken	\$32
Portuguese style peri peri chicken (medium heat)	\$32 GF
Portuguese style lemon & herb chicken (not to hot)	\$32 GF
Chicken pie with a herb scone crust	\$45
Mild chicken curry with vegetables	\$35
Crispy chicken schnitzels	\$32 per kg
Crispy chicken strips	\$32 per kg

## Meat Dishes

Roast Beef in a Smokey paprika gravy	\$60
Braised Brisket in a monkey gland sauce	\$60
Slow braised beef top rip	\$60
Beef Goulash with vegetables	\$60
Beef curry with vegetables	\$60

## Side Dishes

Roast pumpkin or butternut	\$20 VE & GF
Roast baby potatoes	\$20 VE & GF
Roast Vegetable medley	\$20 VE & GF
Creamed spinach	\$20 VE
Sauté turmeric infused rice	\$20 VE

## Desserts

Soul Ice Cream chocolate, vanilla, mocha, don pedro,	\$12 per 1L
Sticky chocolate pudding	\$15

Malva pudding	\$15
Date pudding	\$15
Cinnabon loaf	\$15
Apple Crumble	\$20

All orders require a 48 hour notice

Shipping–

\$25 East, North Shore and CBD - Free Pick up St Ives – Chabad North Shore

Any queries email – [sales@thekosherhub.com.au](mailto:sales@thekosherhub.com.au)